

Connections and Referral Unit

DETOX

Zumbro Valley Mental Health Center offers a safe, medically monitored residential detoxification process for people with chemical health issues. Staff focus on assessment, intervention, education and referral. Symptoms of intoxication and/or withdrawal are closely monitored throughout the client's stay. Clients also are encouraged to review their lifestyle choices to consider new options.

MONITORED SOBRIETY AND ANTABUSE PROGRAM

The monitored sobriety and Antabuse program is available to people who find it difficult to stay sober. The sobriety program uses a monitored breath test given by a trained staff person, while the Antabuse is self-administered at our Connections and Referral Unit. Antabuse is a medication that causes a person to feel ill if s/he drinks alcohol when taking the medication. There is a \$27 initial intake fee and \$9 charge for each additional visit.

Connections & Referral Unit Hours

6a.m. – 12a.m.

Note: services not available:

6:30a.m. – 7a.m.;

2:30p.m. – 3p.m.;

10:30p.m. – 11p.m.

URINALYSIS TESTING

Urinalysis testing is monitored by Connections and Referral Unit staff to test for the following: cocaine, opiates, marijuana, methamphetamine, benzodiazepine, barbiturates, propoxyphene, oxycodone and methadone. Testing is available for adults and adolescents. Results are available in five minutes, and cost is \$25 per test.

HAIR FOLLICLE TESTING

Hair follicle analysis can detect chemicals used in the past 90 days, including amphetamines, opiates, cocaine, marijuana and PCP. Samples are collected by Connections and Referral Unit staff, and follicles are sent to a lab for comprehensive analysis. Results are available within 72 hours. Cost is \$50 per test.

Contact Information

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