

Zumbro Valley Mental Health Center

ADOLESCENT DRUG AND ALCOHOL CLASS

PURPOSE

The adolescent drug and alcohol class is designed to help participants understand the physical, mental health, social and legal effects of alcohol and drug use. This group will review the coinciding negative consequences involved with these substances. Participants will view educational videos, share experiences in activities and join in group discussions that relate to the specific impact alcohol and other drugs have on adolescents.

People who appear to be under the influence will not be accepted into the class for that day. The group facilitator will notify referral sources of who attended class.

FORMAT

Group meetings held the third Wednesday of month from 3:30 p.m. to 5:30 p.m. Please arrive at front desk (Door #6) at least 15 minutes early for check-in and payment.

Note: late arrivals will not be accepted into the class.

\$50 fee for each class—cash or credit card accepted. This fee must be paid at the front desk prior to the class.

DIRECTIONS

FROM NORTH

- Take 40th Street South exit, (approximately 1/2 mile south of US52/US63 interchange)
- Turn left over US63
- Turn left onto Wood Lake Drive frontage road
- Turn right onto 35th Street SE
- Drive to the end of 35th Street SE

FROM SOUTH

- Take 40th Street South exit, (approximately 1/2 mile south of US52/US63 interchange)
- Go straight onto Wood Lake Drive frontage road
- Turn right onto 35th Street SE
- Drive to the end of 35th Street SE

Contact Information

Zumbro Valley Mental Health Center
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