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Understanding the Poverty Cycle
Bridges Out of Poverty Seminar Offers Strategies to Succeed

Rochester, Minn. – Developing new job skills and providing housing options are but a few services that community support organizations are utilizing to help people in these challenging economic times. As more Minnesotans access these services, the need for trained professionals continues to grow.

Bridges Out of Poverty is a one-day seminar that helps service providers better understand the poverty cycle and teaches them strategies that provide solutions for success. Training focuses on improving service skills, approaches that enhance treatment outcomes and methods to effectively transition people from poverty to work.

“Poverty is a vicious cycle,” says Michelle, a participant in a local community support program. “People look at you differently and treat you differently. Dealing with poverty every day drains you if you don’t have the necessary support systems in place.”

The conference is being held June 12 from 8:30 a.m. to 3:00 p.m. at Christ United Methodist Church and will feature speaker Justice Whitethorn. It is sponsored by Zumbro Valley Mental Health Center, Olmsted County Community Action Program and Hearth Connection. Cost is \$60 and includes lunch. To register, call Shery Block at 507-287-1932 or Linda Bradford at 507-328-6345. Participants will receive a certificate of attendance.

About Zumbro Valley Mental Health Center

Zumbro Valley Mental Health Center enhances the quality of life for residents in southeastern Minnesota by serving as a community resource for the understanding and treatment of behavioral health and substance use disorders. The organization collaborates with government agencies, schools, non-profit groups and others to provide programs dedicated to improving the mental health of adults, adolescents and children. Zumbro Valley Mental Health Center is a private, non-profit organization serving Olmsted and Fillmore counties. For more information, visit our Web site at www.zumbromhc.org or call 507-289-2089.

* The seminar is open to the media and a complimentary lunch will be served.

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